



SUSTAINABILITY MONTH IS JUST AROUND THE CORNER!

It’s almost October! Days are getting chillier - which the Russian in me is happy about - but the sun is still shining brightly. It is a perfect time to go on a hike to collect positive energy for the week or, more tangibly, some leaves for a collage. It is also a good time for diving into studies - or Lake Cheston, whichever you prefer! - and reading outside. Getting out of the car and walking to class is a wonderful idea, too: it’s good for you and the environment, and it helps you practice mindfulness.

If you are craving a study break from revising for midterms, here is good news for you - October is Sustainability Month, which means there will be many events celebrating it on campus! We plan to hold all sorts of safe gatherings from traditional hikes and campfires to meditative walks and sustainability workshops. Moreover, there will be discussions and talks from virtual guest speakers and a photo contest. More information to come soon, so stay tuned!

Meanwhile, choose a movie for the special Sustainability Month screening!

VOTE FOR YOUR FAVORITE MOVIE

MINDFUL TIPS FOR SUSTAINABLE LIVING



- 1. **When shopping:** If you find yourself making a lot of purchases that you regret later - like that item you bought on sale and wore only once - ask yourself, "Why am I buying all this?" Sometimes the cause of overconsumption is...
- 2. **When eating:** Look at your plate. What do you see? This food on your plate was co-created by generous Nature and hardworking people. Think about how this food was grown in the sunlit fields, how it was carefully collected and promptly delivered to your dining place...

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SPOTLIGHT

Lucas Martins Carvalho, a junior from Brazil, received heartbreaking news from his country: Brazil is in flames, again. Now it's the biologically and culturally diverse wetland area of the Pantanal. The fires not only contribute to biodiversity loss, but also exacerbate the country's political and social issues.

Learn more about Lucas' perspective on the fires in the Pantanal by reading his article.

READ THE ARTICLE

PANTANAL WETLAND FIRES - IN PICTURES



GREEN DICTIONARY

**Greenwashing** is the act of making false or misleading claims about the environmental benefits of a product, service, technology, etc. ( Corporate Finance Institute) In other words, it happens when companies claim to produce sustainably something that should not be produced in the first place. Some examples of **greenwashing** are companies producing "eco-friendly" bottled water and oil corporations advertising their environmental protection efforts.



Ready to share your art?

ENVIRONMENTAL ART

"The Weekend at Green's View"  
photo by Alaa Abdelhamid, C'22

"I was going on a hike with my friends and while we were at Green's View, my friend spotted a particular bush with a lot of caterpillars. I knew that I definitely had to take a picture. These two caterpillars looked especially interesting and I had a good angle from where I stood, so I took this photo of them."



EDITORIAL BY KRISTINA ROMANENKOVA

Why Don't We Act for Climate?

Climate change is not a thing of there and then; it is a thing of here and now.

And it’s not even a thing: climate change is dangerously, uncannily alive. As he is approaching in leaps and bounds, smoking people and other creatures out of their homes with forest fires, melting glaciers with his hot breathing, messing with coral reefs, and trampling crops on the fields, more and more people are recognizing the need to act.

New agreements are signed, pledges are made and campaigns are won because of "green" promises. The intent for a change is clearly there; however, it more often stays on paper than turns into action.

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Read the article ~ Harvard Business Review

SUSTAINABILITY EVENTS

**Mon, Sept 28**  
What: **"Fixing Our Plate" - Anthony Flaccavento**, guest lecture with OCE, SIPE, OESS & SETNYF  
When: 7:30 pm  
Where: [Zoom](#) - no Zoom account or video needed to attend  
Who: Everyone is [invited](#)!

What: [Nature Photo Contest Announcement](#)  
Who: Students, Employees, & Community Members

**Thurs, Oct 1**  
What: [Basic Bike Repair](#) with SOP  
When: 3-4 pm  
Where: In front of Bishop's Common  
Who: Sewanee students and employees

What: [Goat Yoga](#) with UWC & University Farm  
When: Noon & 1:15 - two sessions  
Where: Manigault Park, [must pre-register](#)

**Fri, Oct 2**  
What: [Mid-Autumn Festival](#) with Asian House, OCCU, and SAO  
When: 7-9 pm, [must pre-register](#)  
Where: Asian House (next to Johnson House, near TX Ave)

What: [Bluegrass Jam](#) with Greenhouse & Music House  
When: 5 pm  
Where: Greenhouse Lawn (Emery Hall, just uphill of the intersection of South Carolina Ave and Florida Ave)

What: [Goat Yoga](#) with UWC & University Farm  
When: Noon & 1:15 - two sessions  
Where: Manigault Park, [must pre-register](#)

**Tue, Oct 6**  
What: [Listening on the Domain](#) with Byrd Baylor books  
When: 4:45 pm  
Where: Green's View

**Wed, Oct 7**  
What: [The Biggest Little Farm: Screening and Discussion](#) with Greenhouse & Farm Club  
When: 5 pm  
Where: TBA

**Thu, Oct 8**  
What: [Hopefully a Movie Chosen by YOU](#), outdoors

**Sun, Oct 11**  
What: [Campfire and S'mores at Lake Cheston](#) with Farm Club  
When: TBA  
Where: Lake Cheston

**Thu, Oct 15**  
What: [Sustainable Fashion](#) with OCCU

**Mon, Oct 26**  
What: **"Fixing Our Plate" - Ricardo Salvatore**, guest lecture

Sustain Sewanee newsletter written by Kristina Romanenkova '23

Stay safe and sustainable!

