

PRE Recommended Gear List:

Please use the following list as a guide. Keep these items easily accessible when you pack for Sewanee so you don't have to dig through all your college stuff to find clothes for PRE (e.g. Put all of these items in a separate duffel bag). We will be spending most of the time outdoors, so please bring clothes that are suited to get dirty.

Clothing

- T-shirts (4)
- shorts (2)
- tennis shoes or hiking boots*
- Tevas, Chacos, or sandals
- Fleece jacket or sweat shirt*
- jeans or pants (2)*
- swim suit
- hat
- light rain jacket

* Please bring a set of clothes that can get muddy.

Room Needs

- blanket
- pillow
- bedding (twin size)

Personal

- general toiletries
- 1 wash cloth
- 1 bath or beach towel
- sunscreen
- sunglasses
- bug repellent (optional)

General

- daypack/bookbag
- 2 water bottles (used Gatorade bottles work well)
- set: cup/bowl/spoon
- flashlight/ headlamp
- sleeping bag
- ground pad (foam, ensolite, etc.)
- Hand sanitizer
- Facemask