

INTERSECTIONS OF HAZING AND HIDDEN HARM



VICTIM SUPPORT

Hazing can affect people in many ways, causing anger, confusion, betrayal, fear, resentment, embarrassment, humiliation, hopelessness, helplessness, anxiety, and depression. If you or someone you know is experiencing any of these feelings, know that you are not alone and there are resources to support you.

- [Counseling and Psychological Services \(CAPS\)](#)
- [Crisis Text Line: Text HOME to 741741 to connect with a volunteer Crisis Counselor](#)
- [Submit a Student of Concern to the CARE Team](#)
- [Report hazing confidentiality](#)

Visit hazing.sewanee.edu for more information.

WHAT IS HIDDEN HARM?

Hidden Harm is a phrase used to describe the effects of previous trauma. These hidden harms can be both physical and psychological, and they can have a long-lasting impact on the individual.

PREVIOUS LIFE EXPERIENCES

We don't know about another individual's ultimate harm of hazing. Someone who just joined an organization or team could have life experiences making them highly susceptible to severe repercussions of hazing. Hazing can be physically and psychologically harmful to even perfectly healthy individuals. Mix hazing with past trauma, and the damage can increase exponentially. Consider the following experiences students can bring with them to college:

- Depression or other mental health issues
- Victim of sexual assault
- On medication for a mental health disorder
- Has been abused physically or emotionally
- Comes from an alcoholic family
- Has seriously considered or attempted suicide
- Any of these, and more we can't imagine, could put someone at a higher risk of being re-traumatized by hazing

THE CONTINUUM OF SEVERITY

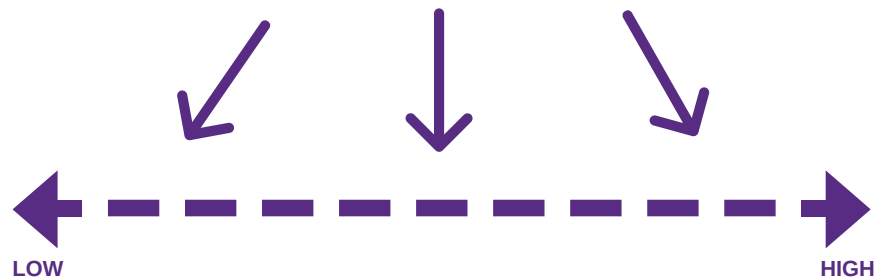
In many cases, we cannot know the level of harm caused by hazing without knowing the victims' internal experience (e.g., life history, personality, values).

OBSERVABLE BEHAVIOR

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INTERNAL EXPERIENCE

(E.G., PAST EXPERIENCES, PERSONALITY, VALUES)



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