

Interim Health Policies & Practices

Table of Contents	
Campus Visitors & Screening	3
COVID-19 Education	3
COVID-19 Testing	3
COVID-19 Testing Plan	5
Tracing Expectations	6
Screening Questions and Temperature Taking	7
Self-Isolation and Self-Quarantine Policies	7
Face Coverings on Campus Policies	9
University-Sponsored Travel Policy	10
Student Use of Personal Vehicles Policy	10
University Events	11
Student Events	11
Student Mental Health Policies	12
Must & Must Not Bring to Campus List	12
Use of University Vehicles	12

Interim Health Policies & Practices

Campus Visitors & Screening

- Upon arrival at a University Screening Station, a University appointed screener must confirm from the visitor that the visitor has answered "NO" to the following COVID-19 health related questions:
 - Have you been in close contact with a confirmed case of COVID-19?
 - Are you experiencing a cough, shortness of breath or sore throat?
 - Have you had a fever in the last 48 hours? "Fever" means a temperature 100.4°F or higher, taken at a time when the visitor has not taken fever-reducing medication for at least 12 hours.
 - Have you had a new loss of taste or smell?
 - Have you had vomiting or diarrhea in the last 24 hours?
 - Have you been asked to self-isolate or quarantine by a medical professional or a local public health official?
- If an individual answers yes to any of the questions, they should remain at home or leave the premises and seek advice from a health care provider.
- If an individual has not experienced any of the listed symptoms, then proceed with a temperature check.
 - A University appointed screener will check temperatures onsite with a no-touch thermometer each day upon arrival.
 - Normal temperature should not exceed 100.3 degrees Fahrenheit.
 - Visitors with a fever will be asked to exit the premises.
- Upon successful completion of the screening process, the visitor will be given a visitors ID badge to wear that lists the visitor's name and date the ID badge was issued. This ID badge will be used to confirm that the visitor has successfully completed COVID-19 screening for the day.
- Results of the screening process are confidential and will not be shared with others.
- More [information](#) is available here for individuals conducting the screening process.

COVID-19 Education

All employees and students must complete a basic COVID-19 training module. More information will follow in mid July.

COVID-19 Testing

Testing is the first step, accompanied by contact tracing, isolation, and symptomatic treatment for those that test positive for COVID-19. Testing is not a replacement for physical distancing, wearing face coverings, hygiene, and isolation and treatment for those infected.

- Testing is required for all students, faculty, and staff as they return to campus. Faculty and staff will be tested in late July and early August and students will be tested upon arrival.
- During the semester, mandatory periodic testing, also known as “exposure screening,” will occur according to the following guidelines:
 - 10-20% of students and employees will be tested each week
 - Individuals will be assessed to determine risk levels—see risk factors
 - Individuals with a higher risk profile must submit to more frequent testing due to their likelihood of exposure. This will allow the University to track changes and monitor for potential spread of the virus.
- Risk factors include:
 - The use of a personal vehicle to drive off-campus
 - Participation in varsity athletics
 - Commuters who live in nearby cities and commute to campus
 - Employees or employees with partners who travel as part of their job requirements
 - Parent(s) with school-aged children or children in childcare settings
 - Health care providers
 - Employees who work in food preparations
 - Students who are employed or involved in community work outside of campus
 - Students who have a conduct record and repeated community standards violations
- Employees and students will be required to complete a risk assessment survey to establish frequency of exposure screening.

COVID-19 Testing Plan

How will we test?

- Employees must be tested July 15-30, prior to the arrival of students.
- Students will be tested when they arrive on campus in August. We will enact a phased move-in with assigned time slots in order to administer COVID-19 testing to all students upon arrival. Students will be screened, complete the appropriate forms, and provide COVID-19 contact information.
- Testing will consist of a supervised, self-administered saliva test. This test has the highest level of sensitivity and is considered the gold standard compared to any other more rapid PCR or antigen test. It is also the easiest to administer and preserves PPE for other purposes.
- Once a test is administered and before the results are known, students will be quarantined to Cravens, Rugby practice field, and Tennessee Williams Center areas to limit their movement and interactions with others. They will be directed to physically distance themselves from others, wear a face covering, and practice effective hygiene.
- Students returning via early arrival programs must arrive by 9:00 AM to allow results to be obtained on the day of arrival.

- During the onboarding period, after testing, the University will provide a collection of educational and wellness experiences to communicate specific expectations, prevent the potential for individuals to spread the virus while waiting, and provide students with insight into how they can flourish on campus amid the pandemic.

COVID-19 Testing Results & Reporting

- The University is partnering with the Baylor Esoteric and Molecule Lab (BEM Lab) for testing.
- Test results will be communicated to the University and directly to the individual.
 - On student arrival dates, test results are expected the same day they are administered and prior to students moving into residence halls.
 - Once an individual receives a negative test result, they will be permitted to leave the quarantine area and move in.
- Students who receive a positive test for COVID-19 and live within a distance for driving should have contingency plans in place to be picked up and driven straight home to complete 14 days of quarantine. During this time, a student can continue classes online from home, and The University will provide IT support to those who need it to the extent possible. Students who would require a flight to get home (e.g., international students, those from more than a day's drive away) will quarantine on campus.

Tracing Expectations

No one wants to test positive for COVID-19, and yet the virus is so contagious that we all must take appropriate precautions. The “safer at home” strategy works because it minimizes our exposure to other individuals. The University’s tracing policies require the following:

- All of us must minimize our exposure to others as part of our new routines until a vaccine exists.
- All of us must be responsible for knowing and tracking our own encounters with others, daily. Write it down. Identify the date.
- When a student or employee receives a positive diagnosis, that individual should review the list of individuals 2 days prior to experiencing symptoms.
- Exposures include:
 - Anyone who was in close contact with you, meaning was less than 6 feet away from you, for longer than 10 minutes without a face covering.
 - Anyone in direct contact with secretions from a person with COVID-19 (e.g. being sneezed or coughed on, kissing, sharing utensils, etc.)
 - Anyone who traveled with you in a vehicle unmasked.
 - Anyone who lives in your residence and shares a common room, a shared restroom, or a shared kitchen on your floor.
- To ensure every possible exposure is notified promptly, the University requires every individual to call the people that they exposed themselves upon learning about their positive test result. If individuals are too sick to contact others, the University’s tracers can offer support.

Tracing Follow-up Details & Plan

- The University will ask for the above list of names to verify that contact has been made, and trained University personnel will verify that each close contact who resides in the Sewanee community is notified—students, employees, or community members on the Domain.
- The University will utilize a contact tracing software system integrated with our surveillance and arrival testing system to flag students according to one of three categories:
 - Cleared
 - Quarantine
 - Isolation
- Lists of individuals exposed will also be shared with the Tennessee Health Department for their follow-up.

Anyone exposed will be designated as “quarantine” status and required to:

- Stay home or in designated space until 14 days after last exposure, and maintain physical distance (at least 6 feet) from others at all times
- Self-monitor for symptoms
 - Check temperature twice a day watching for fever
 - Chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
 - Or any other symptoms of COVID-19
- Avoid contact with people at higher risk for severe illness from COVID-19 and understand that everyone, regardless of age, can be in this category
- Follow CDC guidance if symptoms develop
- Update their personal tracing information, just in case they develop symptoms or are tested and test positive for COVID-19.

Screening Questions and Temperature Taking

The University in partnership with BaseCamp Health is requiring students and employees to use a mobile app to document their daily temperatures and responses to screening questions.

- Screening data provides the University the ability to monitor the collective health of the community daily and make swift policy adjustments, if needed.

Note: The Ascend mobile app and data is a HIPAA-compliant tool and will be available later in July. The University will also continue to have screening stations across campus to support employees with temperature taking.

Self-Isolation and Self-Quarantine Policies

The CDC defines isolation as separating sick people with a contagious disease from people who are not sick, and quarantine as separating and restricting the movement of people who were exposed to a contagious disease to decrease the possible spread of illness.

- Students, faculty, and staff who have symptoms of respiratory illness must stay home or in their residence hall (room and assigned restroom) until they are free of fever (100.4° F [37.8° C] or greater using an oral thermometer), signs of a fever, and any other symptoms for at least 72 hours, without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants).
- Any faculty, staff, or student who has traveled and who experiences fever, cough, or difficulty breathing within 14 days after leaving such location must do one of the following:
 - Students must call the University Wellness Center for patient care.
 - Faculty and staff must call their physician's office for advice and tell them about recent travel and symptoms.
 - Faculty, staff, and students must self-quarantine if their health care provider suspects or tests for COVID-19. The period of self-quarantine or isolation should be determined by the treating health care provider in consultation with the TN Health Department.
 - Faculty, staff, and students who test positive for COVID-19 must self-isolate for the period of time determined by their health care provider in consultation with the TN Health Department, usually 14 days.
- Any student, faculty, or staff member required to self-quarantine or self-isolate must follow the directions of their health care provider and the [CDC's self-isolation recommendations](#).
- Students who are required to self-quarantine or self-isolate must [contact the dean of students for undergraduates](#) or the dean of community life for seminarians and their faculty by email for other support and resources.
- Faculty who are required to self-isolate or self-quarantine must contact their dean or department chair to discuss how to handle teaching responsibilities.
- Staff who are required to self-isolate or self-quarantine must contact their supervisor.

Isolation and Quarantine Plan and Support

- University health officials will make medical determinations and assign students to either exposure quarantine or COVID-19 positive isolation sites specifically designated for these purposes.
- Students who live within a distance for driving should have contingency plans in place to have someone pick them up and drive them straight home for 14 days of quarantine, during which a student can continue classes online from home. The University can assist with provisions for those who need IT support at home to the extent possible. Students who would require a flight to get home (e.g., international students, those from more than a day's drive away) will quarantine on campus.
- University health professionals will work with all such students to do regular symptom monitoring and will hospitalize anyone who becomes seriously ill.
- The University health professionals will refer students who need mental health support to CAPS.
- University health officials will make medical evaluations and release campus residents from quarantine or isolation to return to their campus residence hall when deemed medically appropriate.

Face Coverings on Campus Policies

All students, employees, residents of, and visitors to, Sewanee are required to wear face coverings over their nose and mouth when in public or inside buildings other than private residences, with five exceptions:

1. When they are alone
2. When they are asleep (such as in a residence hall room or hotel room)
3. When they are eating or drinking
4. When they are maintaining a social distance of six feet or more from any other person, and
5. If they have a documented medical condition that precludes their wearing a face covering

Note: Drinking at a social event does not qualify as a reason to remove a mask, specifically slide the face covering down, take a sip, and properly return the face covering over the mouth and nose.

Face Covering Details

- In accordance with CDC recommendations, cloth face coverings are NOT surgical masks or N-95 respirators. We must preserve these for health care workers and vulnerable individuals.
- A cloth face covering should:
 - fit snugly but comfortably against the side of the face

- completely cover the nose and mouth
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and dried without damage or change to shape
- Face coverings, physical distancing, hand-washing, and good personal hygiene are all critical to helping prevent the spread of the coronavirus. This face covering policy is meant to supplement hand-washing and the physical distancing protocol, which requires maintaining a six-foot distance from others whenever possible. Face coverings are not a substitute for physical distancing or hand-washing.
- For more information on how to properly use face coverings, see our [tips on how to wear a face covering](#) and [how to wash cloth face coverings](#).

University-Sponsored Travel Policy

(Responsibility: HR)

- The University is discouraging all non-essential, University-sponsored international and domestic travel, regardless of location, until further notice.
- This policy applies to faculty, staff, and students.
- The University also strongly discourages personal international travel and domestic travel at this time.

Student Use of Personal Vehicles Policy

(Responsible: Dean of Students & SPD)

Bringing a vehicle to campus is strongly discouraged, as we aim to limit our undergraduate students' exposure outside of the University's campus and especially outside the University's COVID-19 testing plan. Consequently, students must request permission to bring a vehicle to campus, and if granted, use of any vehicles is limited to essential purposes only.

Students can be approved to bring a vehicles to campus for the following "essential" reasons:

- If their employment requires a vehicle as a job function or to travel to and from their place of employment
- If a student needs a vehicle to travel for personal medical reasons
- If a student resides off-campus and needs transportation to campus
- If a student has mobility challenges or other types of necessary accommodations
- If transportation to and from campus is most affordable and effective in a personal vehicle

Any student approved to bring a vehicle must agree to limit the use for essential purposes only. For example, they would use their vehicle for their arrival and departure, to run errands to a grocery store, pharmacy, or to commute off campus for a medical visit. Students must not transport students outside of their residential family group.

Any student agreeing to use their vehicle only for arriving and departing campus at the beginning and the end of the semester will receive a waiver of the vehicle registration fee and a special parking assignment. Students must voluntarily submit their license plate upon arrival to receive a waiver.

University Events

Most University events will be cancelled for the Fall semester. On rare occasions when we gather for events, the possible presence of asymptomatic COVID-19 positive persons unknowingly spreading the virus is reason for concern. Consequently, the University is enacting the following limitations:

- All precautions should be strictly observed in aspects of environmental hygiene practices and disinfection of all things used
- Face coverings are required for indoor and outdoor events
- Events must have adequate space to maintain 6 feet of physical distance
- A list of attendees should be documented and maintained for contact tracing

For planning purposes, the following are necessary clarifications for event organizers:

- Is the event essential? What's the purpose of the event?
- The characteristics of the event's location, size/type, crowd density, etc.
- The number and key characteristics of the expected participants attending the event (age, health status, any travel to the event, etc.)
- The expected interactions among participants occurring during the event (closeness of contact, etc.)
- The expected duration of the event
- Available restroom facilities
- All events must submit a safety plan. (link to follow)
 - Students events report to Dean of Students/Campus Activities
 - University events report to Conference Services
 - Seminary events report to Dean for School of Theology or designee

Student Events

Any student event using University facilities or on University property must provide a safety plan for the event consistent with the following requirements:

- Student events must be outdoors and require 6 ft distancing and cloth face coverings, unless an exception is granted by Campus Activities.
- Event sponsors must maintain a list of all attendees to facilitate contact tracing efforts, should they become necessary.
- Individuals waiting to enter a space must maintain 6 feet of physical distance from other individuals in line.
- Similarly, an orderly process must be used to exit spaces so that 6 feet of physical

distance can be maintained.

- Event capacities vary by space and are recalculated according to available physical distancing.
- No outdoor student event should exceed 50 people.
- Students must use check-in w/Engage to assist with contact tracing.
- All food and drink provided at events must be pre-packaged and single serve only (no buffet-style or shared items eg. pizza).
- No objects, beverages, or food should be shared between participants of the event.

Student Mental Health Policies

- During the onboarding process, and following initial testing, all students must participate in a flourishing and well-being program designed to teach them useful strategies for coping with stress and mental health concerns.

Must & Must Not Bring to Campus List

Must Bring

- 2 personal thermometers
- Download the Ascend Mobile Screening App ([link](#))
- Check your LiveSafe Mobile Safety App ([link](#))
- Cloth face coverings: we'll provide students and employees with three face coverings, but bring your own, too.
- Tylenol and any over the counter medications routinely taken.
- Adequate supply of prescription medications for the semester, including prescribed inhalers even if only used as needed.
- Outdoor camping chair

Must Not Bring

- A futon, bed, sofa or other large furniture
- Anything that cannot fit in a vehicle to return home promptly
- Pets

Use of University Vehicles

- This interim plan assumes that employees and supervisors have reviewed and are prepared to follow the [University's Vehicle Use Policy](#).
- Due to COVID-19, university van and vehicle use should be limited to on-campus and within the immediate vicinity in order to reduce time spent in vehicles.
- Vans must be operated with windows open whenever possible in order to maximize ventilation
- People who are known or suspected to have COVID-19 may not use University vehicles.

Passengers

- Occupants of these vehicles should avoid or limit close contact (within 6 feet) with others. The use of larger vehicles such as vans is recommended when feasible to allow greater social (physical) distance between vehicle occupants.
- Vans must be operated at no more than 66% capacity. Students will spread out within vans so as to maximize distance between other passengers. Students will sit on either end of bench seats, and seats between them will be blocked off and left unoccupied.
- A vehicle use log must be maintained by the drivers that includes the date and a list of all passengers.
- All occupants including the driver must wear a [cloth face mask](#) covering the mouth and nose.

Sanitization & Prevention

- The driver is responsible for cleaning the vehicle according to the CDC's guidance in [Cleaning and Disinfection for Non-emergency Transport Vehicles](#).

This plan does not apply to emergency vehicles used by the Sewanee Police Department and Sewanee Volunteer Fire Department.

Additional Resources:

- CDC Guidelines on [Travel](#)
- [CDC How to Protect Yourself and Others](#)
- [OSHA COVID 19 Control and Prevention](#)