



## Interim Health Policies & Practices

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# Interim Health Policies & Practices

## Campus Visitors & Screening

- Upon arrival at a University Screening Station, a University appointed screener must confirm from the visitor that the visitor has answered "NO" to the following COVID-19 health related questions:
  - Have you been in close contact with a confirmed case of COVID-19?
  - Are you experiencing a cough, shortness of breath or sore throat?
  - Have you had a fever in the last 48 hours? "Fever" means a temperature 100.4°F or higher, taken at a time when the visitor has not taken fever-reducing medication for at least 12 hours.
  - Have you had a new loss of taste or smell?
  - Have you had vomiting or diarrhea in the last 24 hours?
  - Have you been asked to self-isolate or quarantine by a medical professional or a local public health official?
- If an individual answers yes to any of the questions, they should remain at home or leave the premises and seek advice from a health care provider.
- If an individual has not experienced any of the listed symptoms, then proceed with a temperature check.
  - A University appointed screener will check temperatures onsite with a no-touch thermometer each day upon arrival.
  - Normal temperature should not exceed 100.3 degrees Fahrenheit.
  - Visitors with a fever will be asked to exit the premises.
- Upon successful completion of the screening process, the visitor will be given a visitors ID badge to wear that lists the visitor's name and date the ID badge was issued. This ID badge will be used to confirm that the visitor has successfully completed COVID-19 screening for the day.
- Results of the screening process are confidential and will not be shared with others.
- More [information](#) is available here for individuals conducting the screening process.

## COVID-19 Education

All employees and students must complete a basic COVID-19 training module.

## COVID-19 Testing

Testing is the first step, accompanied by contact tracing, isolation or quarantining, and symptomatic treatment for those that test positive for COVID-19. Testing is not a replacement for physical distancing, wearing face coverings, hygiene, and isolation and treatment for those infected.

- Testing is required for all students, faculty, and staff as they return to campus. Faculty and staff will be tested in late July and students will be tested upon arrival.
- During the semester, mandatory periodic testing, also known as "exposure screening," will occur according to the following guidelines:

- o 10-20% of students and employees will be tested each week
- o Individuals will be assessed to determine risk levels—see risk factors
- o Individuals with a higher risk profile must submit to more frequent testing due to their likelihood of exposure. This will allow the University to track changes and monitor for potential spread of the virus.
- Employees and students will be required to complete a risk assessment survey to establish frequency of exposure screening.
  - o Risk factors include:
    - Personal protective behaviors, including social distancing, masking, personal travel, dining out, attending events/parties/bars
    - Commuters who live in nearby cities and commute to campus
    - Individuals or individuals with partners who travel as part of their job requirements
    - Parent(s) with school-aged children or children in childcare settings
    - Individuals who work in healthcare
    - Individuals who interact directly with the public
    - Individuals who work in food preparations
    - Individuals who work or are involved in community work outside of campus

## COVID-19 Testing Plan

### How will we test?

- Employees must be tested July 15-30, prior to the arrival of students.
- Students will be tested when they arrive on campus in August. We will enact a phased move-in with assigned time slots in order to administer COVID-19 testing to all students upon arrival. Students will be screened, complete the appropriate forms, and provide COVID-19 contact information.
- Students who develop COVID-19 related symptoms 2 weeks prior to arrival on campus should not plan to arrive at their scheduled time on campus and should contact their healthcare provider prior to initiating travel to Sewanee. (See below regarding detail on taking classes remotely while away from Sewanee.)
- Testing will consist of a supervised, self-administered saliva test that will be screened for the SARS-CoV-2 virus using RT-qPCR. This RT-qPCR technique has one of the highest levels of detection for viral genomic material that indicates infection with SARS-CoV-2 virus. It is considered the gold standard compared to any other more rapid PCR or antigen tests. The saliva collection method is also easier and safer to administer and preserves PPE for other purposes.
- Once a test is administered and before the results are known, students will be quarantined to limit their movement and interactions with others. They will be directed to physically distance themselves from others, wear a face covering, and practice effective hygiene.
- Students will be scheduled to return over a 2 week period. All students must arrive according to their schedule, typically between 8:00 a.m. and 10:00 a.m. to allow results to be obtained on the day of arrival.
- During the onboarding period, after testing, the University will provide a collection of educational and wellness experiences to communicate specific expectations, prevent the potential

for individuals to spread the virus while waiting, and provide students with insight into how they can flourish on campus amid the pandemic. Students may be required to await test results in a designated area of campus.

### COVID-19 Testing Results & Reporting

- The University is partnering with the Baylor Esoteric and Molecule Lab (BEM Lab) for testing.
- Test results will be communicated to the University and to the individual.
  - Employees with negative results will be notified by Human Resources (HR) via their Sewanee email account. Employees with positive results will receive a phone call from a Public Health Officer with specific instructions on how to appropriately isolate at home and to contact their healthcare provider for further medical guidance.
  - Employee results will be maintained in the employee's file at HR.
  - Students with negative results will be notified by the Wellness Center staff. Students with positive results will receive a phone call from the Wellness Center staff and will be escorted to an off-campus facility to complete an isolation period following CDC guidelines.
  - Student results will be maintained in their student health chart at the Wellness Center.
  - Student results are expected to be available within 5 hours or sometime the same day as arrival and administered prior to students moving all of their belongings into residence halls.
  - Once an individual receives a negative test result, they will be permitted to discontinue their quarantine and move all of their belongings into their residence.
- Students who receive a positive test for COVID-19 and live within driving distance should plan to be picked up and driven straight home to complete their period of isolation following CDC guidelines. During this time, a student can continue classes online from home, and the University will provide IT support to those who need it to the extent possible. Students who would require a flight to get home (e.g., international students, those from more than a day's drive away) will isolate at the designated off-campus facility.

## Face Coverings on Campus Policies

All students, employees, residents of, and visitors to Sewanee are **required** to wear face coverings over their nose and mouth when in public or inside buildings other than private residences, with five exceptions:

1. When they are alone
2. When they are asleep (such as in a residence hall room or hotel room)
3. When they are eating or drinking
4. When they are maintaining a social distance of six feet or more from any other person, and
5. If they have a documented medical condition that precludes their wearing a face covering

Note: Drinking at a social event does not qualify as a reason to remove a mask; specifically slide the face covering down, take a sip, and properly return the face covering over the mouth and nose.

## Face Covering Details

- In accordance with CDC recommendations, cloth face coverings are NOT surgical masks or N-95 respirators. We must preserve these for health care workers and vulnerable individuals.
- A cloth face covering should:
  - fit snugly but comfortably against the side of the face
  - completely cover the nose and mouth
  - be secured with ties or ear loops
  - include multiple layers of fabric
  - allow for breathing without restriction
  - be able to be laundered and dried without damage or change to shape
- Face coverings, physical distancing, hand-washing, and good personal hygiene are all critical to helping prevent the spread of the coronavirus. This face covering policy is meant to supplement hand-washing and the physical distancing protocol, which requires maintaining a six-foot distance from others whenever possible. Face coverings are not a substitute for physical distancing or hand-washing.
- For more information on how to properly use face coverings, see our [tips on how to wear a face covering](#) and [how to wash cloth face coverings](#).

## Must & Must Not Bring to Campus List

### Must Bring

- 2 personal thermometers
- Download the Ascend Mobile Screening App (link available soon)
- Cloth face coverings: Sewanee will provide students and employees with three face coverings, but bring your own, too.
- Tylenol and any over the counter medications routinely taken.
- Adequate supply of prescription medications for the semester, including prescribed inhalers even if only used as needed.
- Outdoor camping chair

### Must Not Bring

- A futon, bed, sofa or other large furniture
- Anything that cannot fit in a vehicle to return home promptly
- Pets

## Screening Questions and Temperature Taking

In an effort to reduce potential transmission of the Coronavirus Disease (COVID-19), **the University will require all faculty, staff, and students to conduct a daily health and temperature screening.**

In the Fall, the University in partnership with BaseCamp Health will require students and employees to use a mobile app to document their daily temperatures and responses to screening questions.

- Screening data provides the University the ability to monitor the collective health of the community daily and make swift policy adjustments, if needed.

Note: The Ascend mobile app and data is a HIPAA-compliant tool and will be available later in July. The University will also continue to have screening stations across campus to support employees with temperature taking.

## Self-Isolation and Self-Quarantine Policies

The CDC defines isolation as separating sick people with a contagious disease from people who are not sick, and quarantine as separating and restricting the movement of people who were exposed to a contagious disease to decrease the possible spread of illness.

- Students, faculty, and staff who have symptoms of respiratory illness must stay home or a designated location determined by Sewanee health professionals until they are free of fever (100.4° F [37.8° C] or greater using an oral thermometer), signs of a fever, and any other symptoms for at least 72 hours, without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants).
- Any faculty, staff, or student who has traveled and who experiences fever, cough, or difficulty breathing within 14 days after leaving such location must do one of the following:
  - Students must call the University Wellness Center for patient care.
  - Faculty and staff must call their physician's office for advice and tell them about recent travel and symptoms.
  - Faculty, staff, and students must self-quarantine if their health care provider suspects or tests for COVID-19. The period of self-quarantine should be determined by the treating health care provider in consultation with the TN Health Department.
  - Faculty, staff, and students who test positive for COVID-19 must self-isolate for the period of time determined by their health care provider in consultation with the TN Health Department, usually 14 days.
- Any student, faculty, or staff member required to self-quarantine or self-isolate must follow the directions of their health care provider and the [CDC's self-isolation recommendations](#).
- Students who are required to self-quarantine or self-isolate must [contact the dean of students for undergraduates](#) or the dean of community life for seminarians and their faculty by email for other support and resources.
- Faculty who are required to self-isolate or self-quarantine must contact their dean or department chair to discuss how to handle teaching responsibilities.
- Staff who are required to self-isolate or self-quarantine must contact their supervisor.

### Isolation and Quarantine Plan and Support

- University health officials will make medical determinations and assign students to either exposure quarantine or COVID-19 positive isolation sites specifically designated for these purposes.
- Students who live within a distance for driving should have contingency plans in place to have someone pick them up and drive them straight home for 14 days of quarantine and/or isolation, during which a student can continue classes online from home. The University can assist with

provisions for those who need IT support at home to the extent possible. Students who would require a flight to get home (e.g., international students, those from more than a day's drive away) will quarantine and/or isolate on campus.

- University health professionals will work with all such students to do regular symptom monitoring and will hospitalize anyone who becomes seriously ill.
- University health professionals will refer students who need mental health support to CAPS, Counseling and Psychological Services.
- University health officials will make medical evaluations and release campus residents from quarantine or isolation to return to their campus residence hall when deemed medically appropriate.

## Student Use of Personal Vehicles Policy

Bringing a vehicle to campus is strongly discouraged, as we aim to limit our undergraduate students being exposed to the virus outside of campus—especially outside the University's COVID-19 testing plan. Use of a student vehicle is limited to essential purposes only.

## Student Mental Health Policies

During the onboarding process, and following initial testing, all students will be encouraged to participate in a flourishing and well-being program designed to teach them useful strategies for coping with stress and mental health concerns.

## Tracing Expectations

The University's tracing policies require the following:

- All of us must minimize our exposure to others as part of our new routines until a vaccine exists.
- All of us must be responsible for knowing and tracking our close contacts with others, daily. Write it down. Identify the date.
- When a student or employee receives a positive diagnosis, that individual should review the list of individuals with whom they had close contact 2 days prior to when they began experiencing symptoms.
- A close contact includes :
  - Anyone who was within 6 feet of you, for longer than 15 minutes, without a mask.
  - Anyone in direct contact with secretions from a person with COVID-19 (e.g. being sneezed or coughed on, kissing, sharing utensils, etc.)
  - Anyone who traveled with you in a vehicle unmasked.
  - Anyone who lives in your residence and shares a common room, a shared restroom, or a shared kitchen on your floor.
- To ensure every possible exposure is notified promptly, the University asks every individual to call or email the people that they exposed themselves to upon learning about their positive test result. If individuals are too sick to contact others, or do not wish to divulge their health status, the University's tracers can offer support.

## Tracing Follow-up Details & Plan

- The University will ask for the above list of names to verify that contact has been made, and trained University personnel will verify that each close contact who resides in the Sewanee community is notified—students, employees, or community members on the Domain.
- The University will utilize a contact tracing software system to integrate our surveillance and arrival testing system to flag students according to one of three categories:
  - Cleared
  - Quarantine
  - Isolation
- Lists of individuals exposed will also be shared with the Tennessee Health Department for their follow-up.

Anyone exposed will be designated as quarantined and required to:

- Stay home or in a designated space until 14 days after last exposure, and maintain physical distance (at least 6 feet) from others at all times.
- Self-monitor for symptoms, including:
  - Fever
  - Chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
  - Or any other symptoms of COVID-19
- Avoid contact with people at higher risk for severe illness from COVID-19 and understand that anyone, regardless of age, can be in this category.
- Follow guidance provided by the [CDC](#) or the University Wellness Center should symptoms develop.
- Update their personal tracing information, just in case they develop symptoms or are tested and test positive for COVID-19.



## University Events

Most University events will be cancelled for the Fall semester. On rare occasions when we gather for events, the possible presence of asymptomatic COVID-19 positive persons unknowingly spreading the virus is reason for concern. Consequently, the University is enacting the following limitations:

- All precautions should be strictly observed in aspects of environmental hygiene practices and disinfection of all things used
- Face coverings are required for indoor and outdoor events
- Events must have adequate space to maintain 6 feet of physical distance
- A list of attendees should be documented and maintained for contact tracing

For planning purposes, the following are necessary clarifications for event organizers:

- Is the event essential? What's the purpose of the event?
- The characteristics of the event's location, size/type, crowd density, etc.
- The number and key characteristics of the expected participants attending the event (age, health status, any travel to the event, etc.)
- The expected interactions among participants occurring during the event (closeness of contact, etc.)
- The expected duration of the event
- Available restroom facilities
- All events must submit a safety plan. (link to follow)
  - Students events submit event registration via Engage to Campus Activities
  - University events report to Conference Services
  - Seminary events report to Dean for School of Theology or designee

## University Student Events

All student organizations hosting events must continue to follow the Undergraduate Student Social Host Policy. In addition, any student event must provide a safety plan for the event consistent with the following requirements:

- Student events must be outdoors and require 6 ft distancing and cloth face coverings, unless an exception is granted by Campus Activities.
- Event sponsors must maintain a list of all attendees to facilitate contact tracing efforts, should they become necessary.
- Individuals waiting to enter a space must maintain 6 feet of physical distance from other individuals in line.
- Similarly, an orderly process must be used to exit spaces so that 6 feet of physical distance can be maintained.
- Event capacities vary by space and are recalculated according to available physical distancing.
- No outdoor student event should exceed 50 people.
- Students must use the Corq check-in app w/Engage to assist with contact tracing.
- All food and drink provided at events must be pre-packaged and single serve only (no buffet-style or shared items eg. pizza).

- No objects, beverages, or food should be shared between participants of the event.

## University-Sponsored Travel Policy

- The University discourages all non-essential, University-sponsored international and domestic travel, regardless of location, until further notice.
- This policy applies to faculty, staff, and students.
- The University also strongly discourages personal international travel and domestic travel at this time.

## Use of University Vehicles

- This interim plan assumes that employees and supervisors have reviewed and are prepared to follow the [University's Vehicle Use Policy](#).
- Due to COVID-19, university van and vehicle use should be limited to on-campus and within the immediate vicinity in order to reduce time spent in vehicles.
- Vans must be operated with windows open whenever possible in order to maximize ventilation
- People who are known or suspected to have COVID-19 may not use University vehicles.

### Passengers

- Occupants of these vehicles should avoid or limit close contact (within 6 feet) with others. The use of larger vehicles such as vans is recommended when feasible to allow greater social (physical) distance between vehicle occupants.
- Vans must be operated at no more than 66% capacity. Students will spread out within vans so as to maximize distance between other passengers. Students will sit on either end of bench seats, and seats between them will be blocked off and left unoccupied.
- A vehicle use log must be maintained by the drivers that includes the date and a list of all passengers.
- All occupants including the driver must wear a [cloth face mask](#) covering the mouth and nose.

### Sanitization & Prevention

- The driver is responsible for cleaning the vehicle according to the CDC's guidance in [Cleaning and Disinfection for Non-emergency Transport Vehicles](#).

This plan does not apply to emergency vehicles used by the Sewanee Police Department and Sewanee Volunteer Fire Department.

### Additional Resources:

- CDC Guidelines on [Travel](#)
- [CDC How to Protect Yourself and Others](#)
- [OSHA COVID 19 Control and Prevention](#)