

Active Studying

INITIAL LEARNING	REVIEW AND SELF-TEST
Attend class and take notes on material covered.	Revisit your notes after class and for a few minutes each day. Teach the concept to someone else (in a study group, or 1-on-1).
Read the textbook and take notes of main ideas while reading (use any note-taking style).	Practice summarizing concepts aloud or in writing. Describe connections between the main ideas, names, dates, vocabulary, and other concepts and ideas
Identify steps needed to solve problems in the textbook.	Work through practice problems without looking at the answer or process.
Focus some attention on the pictures, graphs, and graphics in your textbook or notes.	Redraw information from memory, or practice explaining the concept they illustrate.
Make up test questions from texts, class notes, and other sources.	Answer questions, verify answers, and review information if you answer incorrectly.
Create a concept map or comparison chart to map out ideas, information, and concepts.	In a 1:1 group or small study group, review and talk about concepts and their relationships to one another without looking.
Fill out existing study guides or create your own study guide.	Quiz yourself on study guide information (out loud or in your head)

<p>Make up a practice exam based on sample problems and ideas from across all course materials and chapters.</p>	<p>Take the practice exam in test-like conditions, analyze your results & refocus on material you missed.</p>
<p>Make flashcards for key concepts, names, formulas, dates etc.</p>	<p>Practice your flashcards until you know the information in both directions (given side A, you can recite side B, and vice versa).</p>

Daily:

- Review Notes
 - 5-10 min before class and 20 min after class.
- Begin to identify key concepts of lectures found in notes.
- Identify unfamiliar vocabulary words.
- Create 1 study guide question from your notes.
 - Create in Quizlet or Kahoot! if you prefer to use technology

Weekly:

- Identify which concepts overlap, are repeated, or emphasized.
- Review material from this week along with previous weeks.
- When reviewing your material pull from multiple chapters in random order to simulate what could happen on a test.

For more resources stop by the Student Accessibility Services Office
in Bishop's Common Room 125

